

# **Session Terms & Conditions**

## **§1 Scope and Purpose of the Sessions**

1. Sessions led by Sylvia Bukartyk are holistic in nature and support clients in their personal, emotional, and energetic development.
2. Sessions do not constitute medical advice or psychotherapy and are not a substitute for conventional medical treatment. In case of health concerns, a consultation with a doctor is recommended.

## **§2 Contraindications**

1. Sessions are not recommended for individuals:
  - with serious mental health conditions (e.g., schizophrenia, bipolar disorder, psychotic disorders, severe depression),
  - under the influence of psychoactive substances (alcohol, drugs, consciousness-altering substances),
  - with neurological conditions (e.g., epilepsy), unless otherwise agreed with the practitioner,
  - undergoing intensive medical treatment (e.g., chemotherapy, severe heart conditions, pacemaker – unless confirmed by a physician),
  - during pregnancy (with the exception of Bowen Therapy),
  - minors, unless both parental/guardian consent and the consent of the individual are provided.
2. Individuals who are highly skeptical of energy-based methods or unwilling to engage in the process may not experience results. Openness and readiness for cooperation are key.

## **§3 Session Process**

1. During the session, natural physical and emotional sensations may occur (e.g., warmth, coolness, tingling, yawning, drowsiness). These are temporary and indicate that the process is taking place.
2. After the session, emotional or physical cleansing states may occur as a result of releasing energetic blockages.
3. Each session is individually tailored to the client's needs and is carried out in an atmosphere of confidentiality and respect.

## **§4 Responsibility**

1. The client takes full responsibility for decisions and actions taken after the session.
2. The transformation process depends on the client's openness, commitment, and willingness to work on themselves.
3. The practitioner undertakes to maintain confidentiality regarding the content of the session and any information provided by the client.

## **\$5 Payment and Cancellation Policy**

1. Payment for the session is made in advance via available payment systems.
2. The client has the right to reschedule the session no later than 24 hours before the agreed appointment. Failure to cancel within this time will result in the fee being non-refundable.
3. Digital products and materials provided during or after sessions are protected by copyright law and may not be copied or distributed.

## **\$6 Nature of the Sessions**

1. Energy therapy and other offered methods are complementary – they support but do not replace conventional medicine.
2. Results of the sessions may vary from person to person and cannot be guaranteed.